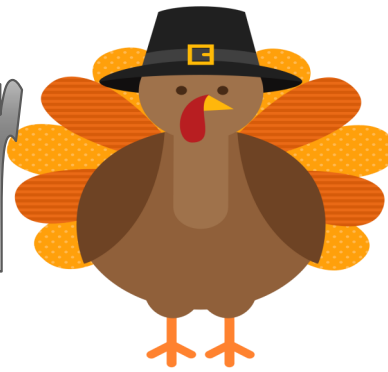


**Commission  
On  
Aging  
269-279-8083  
Hot  
Menu**

# November



1  
Tropical Pork  
Black Beans & Rice  
Carrots  
Tropical Fruit  
Corn Bread

4  
BBQ Beef  
Baked Beans  
Parslied Potatoes  
Applesauce  
Hamburger Bun

5  
Smothered Pork  
Cheese Grits  
Yellow Squash With Onion  
Collard Greens  
Mango  
Wheat Bread

6  
Chicken Rice Casserole  
Nantucket Blend Vegetables  
Scalloped Tomatoes  
Mixed Fruit  
Dinner Roll

7  
Creamy Baked Fish  
Penne Pasta  
Peas & Pearl Onions  
Key West Blend Veggie  
Pears  
Corn Bread

8  
Chicken Cordon Bleu  
Scalloped Potatoes  
Mixed Vegetables  
Dilled Carrots  
Applesauce  
Muffin

11  
**Closed  
for  
Holiday**

12  
Cheese Omelet  
Sausage Links  
Hash Browns  
Broccoli  
Mandarin Oranges  
Muffin

13  
Sweet & Sour Pork  
Brown Rice  
Oriental Blend Vegetables  
Wax Beans  
Peaches  
Dinner Roll

14  
Mexican Lasagna  
Asparagus  
Zucchini & Tomatoes  
Tropical Fruit  
Wheat Bread

15  
Baked Chicken  
Sweet Potato  
Cheesy Cauliflower  
Green Beans  
Jello with Fruit  
Corn Bread

18  
Cheese Burger  
Baked Beans  
Au Gratin Potatoes  
Applesauce  
Wheat Bun

19  
Turkey Mostaccioli  
Succotash Vegetable Blend  
Sugar Snap Peas  
Mango  
Dinner Roll

20  
Chicken Pot Pie  
California Blend Vegetables  
Blueberry Crisp  
Muffin

21  
Beef Tips & Mushrooms  
Mashed Potatoes  
Green Bean Almondine  
Beets  
Pineapple  
Corn Bread

22  
Turkey & Noodles  
Crumb Topped Brussel  
Sprouts  
Honey Glazed Carrots  
Dinner Roll  
Apple Slices

25  
Chicken Tenders  
Tater Tots  
Green Beans  
Malibu Blend Vegetable  
Pears  
Muffin

26  
Baked Spaghetti  
Peas & Mushrooms  
Italian Blend Vegetables  
Mixed Fruit  
Wheat Bread

27  
Western Omelet Bake  
Sausage Links  
Key West Blend Veggie  
Stewed Tomatoes & Okra  
Mandarin Oranges  
Wheat Bread

28  
**Closed  
for  
Holiday**

29  
**Closed  
for  
Holiday**